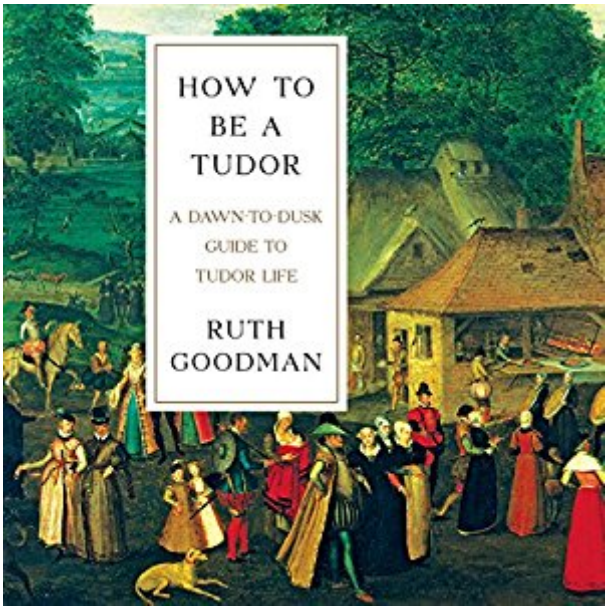
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How To Be A Tudor: A Dawn-to-Dusk Guide To Tudor Life



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Synopsis

On the heels of her triumphant How to Be a Victorian, Ruth Goodman travels even further back in English history to the era closest to her heart, the dramatic period from the crowning of Henry VII to the death of Elizabeth I. Drawing on her own adventures living in re-created Tudor conditions, Goodman serves as our intrepid guide to 16th-century living. Proceeding from daybreak to bedtime, this charming, illustrative work celebrates the ordinary lives of those who labored through the era. From sounding the "hue and cry" to alert a village to danger to malting grain for homemade ale, from the gruesome sport of bear-baiting to cuckolding and cross-dressing - the madcap habits and revealing intimacies of life in the time of Shakespeare are vividly rendered for the insatiably curious.

Book Information

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Customer Reviews

Ruth Goodman weaves a tale of kings, queens, peasants, artisans, and other peoples from the late fifteenth, sixteenth and early seventeenth centuries.The book illustrates how people’s views on sex, religion, childbirth, education, marriage and other things varied and they often had tondo wit their social background as well as who was king at the time. Issues such as work, immigration, cleanliness are also addressed, including dispelling common held beliefs about these people.This is a must have for every history enthusiast and aspiring historian. Richly descriptive, beautifully written and highly entertaining. It really feels like you’ve hopped into the DeLorean and gone back in time!

I really enjoyed this book. The writer has a wonderful style and clearly provided a well researched

history. It is amazing that we know so little about the millions of people who lived in an era and so much about a few dozen famous people. Things never change.

I was totally besotted by "How to Be a Victorian," so I was disappointed that this book didn't have as broad a range of information... particularly on CHILDBIRTH! I'm still full of questions, especially after that Call the Midwife episode when Meg and Maeve try to orchestrate their child's birth with a Tudor birthing chair and other such oddities. I am one disappointed dork.

I enjoyed this book. Felt like I was there living with the people. Gives an in depth view of Tudor Life

A delightful read! I didn't know beds could be so fascinating . . .

Lots of interesting facts. Maybe too many in some spots.

Ruth Goodman, who was also in Tudor Monastery Farm, is so eloquent in her writings. She has done her research, and in some cases actually lived the things she is writing about. Unlike most books about the Tudors, it is not about life at the court of Henry VIII, it is about the every day person. It is easy to read, though very fact filled. I wish that I had discovered this book years ago!

A great book full of detail without being dry. When I read this book, I could sense the passion Ruth Goodman has for this time period. The most unique thing about this book is that she's actually tried many of the Tudor Era habits or techniques discussed in the book. Great for anyone who wants a different point of view on history.

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